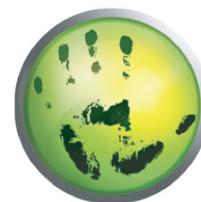


PIONEER EXPEDITIONS

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Do something extraordinary

Annapurna Adventure Dhaulagiri • Nepal 16 Days • £950

Highlights

- Walk beneath the monster mountains of Annapurna II, III and IV
- Climb Poon Hill for spectacular views over the Dhaulagiri Ranges
- Trek and get a taste of the true Annapurnas in just over 2 weeks

The Annapurnas provide the adventurer with a complete package in a relatively small area. One can walk beneath some of the highest and as far as the Annapurnas is concerned, most dramatic mountain ranges in the world within days. The Annapurnas also has fantastic glaciers, high altitude lakes and breath taking gorges. The entire area is well serviced by lodges along the way. We utilize these extensively, favouring those that are starting to introduce ecologically sound practices and providing the owners and their families with a much needed income.

Overview

Annapurna Adventure Dhaulagiri is one of our best treks in Nepal; nowhere else do you get such a rich feast of spectacular scenery, isolation and varied Himalayan culture. This moderate two week trek is both remote and scenic, and goes through many traditional villages, beautiful forests and rarely trekked high alpine pastures, offering magnificent views of the Annapurna and Dhaulagiri ranges. From the Pokhara valley, we gradually ascend through tiny settlements and pristine forests to the alpine heights of Khopra ridge at 3800 meter. The views from our Khopra camp are incredible with the colossal ramparts of Dhaulagiri plunging to the misty depths of the Kali Gandaki - the deepest gorge in the world. Our trail leads further up towards the pristine Holy Kaire Lake situated beneath the awesome Fang Face of Annapurna I, where ancient pilgrim trails lead to the sacred water.

Moderate to difficult trekking from 900m (3,000ft) to 3,800m (12,500ft). Accommodation in comfortable lodges run by local families. The trek starts in Pokhara and includes all meals, road-head transports, services of experienced trek guide and porter to carry luggage. Clients carry a day-pack only and walk at their own pace.

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Itinerary

- Day 01** Arrive in Kathmandu (1330m) welcomes dinner with cultural program
Day 02 Sightseeing tour in Kathmandu / preparation for trekking
Day 03 Drive to Pokhara (980m)
Day 04 Trek to Ghandruk (2000 meters)
Day 05 Trek to Tadapani (2650 meter)
Day 06 Trek to Bhaisi Kharka (3420 meters)
Day 07 Trek to Chistibung (3150 meters)
Day 08 Trek to Kopra Ridge (3890 meters)
Day 09 Trek to High Camp (4100m)
Day 10 Explore the Khaire Lake (4500m) and trek to Khopra Danda.
Day 11 Trek to Swanta (2270 meters)
Day 12 Trek to Ghorepani (2850 meter)
Day 13 Morning POON HILL (3212m) hikes and trek to Thirkedunga (1525 meters)
Day 14 Trek to Nayapul and drive to Pokhara
Day 15 Mountain flight from Pokhara to Kathmandu
Day 16 Departure / Trip Concludes.

DATES

Please email us for details of departures. We are also able to organize private expeditions for those that want familiar people to join them or if scheduled departures or itineraries don't suit. The price listed is based on a minimum of 2 people. Depending on the number of people in your group, private expeditions can be cheaper than scheduled departures so ask us if you would like to organize something special for yourself.

EXPEDITION GRADE – Moderate to Strenuous

NEPAL EXPEDITION INCLUSIONS

- 4 star accommodation in Kathmandu and Pokhara as indicated by Itinerary.
- Greeted at the airport transfer to their hotel
- World Heritage site seeing tour of Kathmandu
- Down jacket and sleeping bag
- All meals while on the expedition (not in Kathmandu)
- Guide
- Porters
- Eco-lodges selected for their environmental policies
- Rescue arrangement and staff insurance
- Equipment for porters and guides
- Experienced trekking staff
- First Aid and eco-trained staff
- Permits and conservation fees
- Climbing permits for expeditions
- Medical Kit Bag on every trip

NEPAL EXPEDITION EXCLUSIONS

- Personal insurance
- Bottled drink (these are personally purchased)
- Meals in Kathmandu
- Nepal Visas



GENERAL INFORMATION

Supporting Local Communities

We support a primary school in the Gorkha District and we also distribute free first aid and medicines 2 times a year in the village where the school is located. We also adhere to guidelines that protect the porter's interests such as insuring them from injury.

Pre-Departure Information

Once your expedition is confirmed we will send you detailed Pre Departure Information which includes a list of recommended clothing and personal equipment, along with many other relevant information to help you prepare for your trip. Prior to the trip departure from Kathmandu, you will attend a detailed trip briefing and orientation meeting to make sure that you are well prepared for your river trip and trek. These trips are led by No Roads.

Flights

Have you made your air reservation yet? Please note that space on flights in and out of Nepal is very tight, especially during the tourist seasons. Therefore, we would like to suggest that you work on your for your air seats. We can help you with dates for treks, raft trips and other services that you need so that you can make your decision.

All domestic flights in Nepal are operated using small planes seating 15 to 20 people. There are only a few flights to each destination every day. During the busy trekking/tourist season these flights get full very fast. To improve your chances of getting on these flights it is best to confirm your trips as early as possible. The sooner we get trip confirmation, the better your chances.

Nepal Tourist Visa

Nepal Visa is readily available on arrival at the International Airport in Kathmandu (or any other land entry points to Nepal). Single Entry Visa: US\$30 per visa (valid for 60 days)

Multiple Entry Visa: US\$80 per visa (valid for 150 days). Please bring exact change if possible.

2 passport photos will be required. (Nepal Visas are also available in all Nepalese Embassies and Consulates located in several countries and cities around the world.)

Information and Support

If you have any comments, questions or want more information, please let us know. We are here to support you with all information to help you prepare for your travels to the Himalayas.

Lodge Trekking in Nepal

The development of locally managed lodges along the popular trekking trails in the Annapurna, Everest and Langtang/Helambu areas have resulted in an increasing number of trekkers making use of these facilities. In recent years with the help of Government as well non-Government agencies many of these lodge owners have gone through training programmes aimed at raising the quality of services as well as instilling environmental awareness. For example in the Annapurna Sanctuary and adjacent areas it is now regulation for all lodge owners to use alternative fuel (fuel other than fire wood - kerosene, gas, electric or even solar) for cooking and heating, dispose of garbage properly and adopt other eco-friendly measures.

Most lodges have all the basic requirements for trekkers to stay overnight - a dormitory, several private rooms, an attached restaurant, toilet and a shower room. The quality of food offered may vary from lodge to lodge but most serve simple and hygienic meals.

We have found it very attractive for trekkers to use these lodges in some of the routes instead of operating camping style treks. One of the main reasons being that along these popular routes almost every house offers bed and meals and many camping trekkers find it incongruous to camp near a lodge and not be able to experience the warmth and hospitality of the friendly Nepali hosts. The other important reason being that this helps the local economies directly by using the facilities along the route.

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Keeping this in mind we have been operating Lodge-Treks in some of these classic routes. To make sure that our guests do not get disappointed we stay in simple yet comfortable and interesting lodge in each place. With larger groups we reserve all the beds in a lodge thus making sure that we have the place to ourselves. Our groups are provided with an excellent Guide and porters - possibly from the area you are trekking in - to guide you and carry your luggage while you hike only with a day-pack. A majority of our Lodge Trekkers have been overwhelmed by the homely atmosphere and the grace of their hosts and many have made great friends with them.

If you have an urge to trek in some of the most beautiful places in Nepal, interact and make friends with the local people without having to sleep in a cold and lonely tent, Lodge Trekking is just the thing for you.

All Meals while on Trek

The trek includes three basic meals, breakfast, lunch and dinner, each day. Breakfast and dinners are ordered at the restaurant attached to the lodge where we stay overnight. Lunches are ordered at a trail-side tea-house around mid-day. Most lodges serve, Nepali meals - rice, lentil soup and curried vegetables or meat - soups, noodles, momos (meat or veg-stuffed steamed dumplings), pancakes, chappati breads, etc. Many also offer other exotic dishes. Three basic meals will be provided. Desserts, drinks, and special items listed in the menus are not included. *It is best to bring Iodine water purification tablets for purifying drinking water during the trek which is environmental friendly and cheaper. Boiled and/or filtered water and bottled water are available at extra cost.*