



Komodo Dragon Islands and Flores, multi-activity holiday
Indonesia

PIONEER EXPEDITIONS



Do something extraordinary.....

Itinerary

An Adventure in Indonesia – Komodo Dragon Islands and Flores
Multi-activity holiday Indonesia with wildlife, culture, treks and live aboard cruising vessel

12 Days • 11 Nights

Denpasar-Maumere-Moni-Ende-Bajawa-Ruteng-Labuan Bajo-
Komodo dragon Islands-Labuan Bajo-Denpasar
Optional: Beach Extension in Bali

HIGHLIGHTS

- Visit Flores Island and the big crater at Lake Kelimutu
- See the traditional Indonesian villages of Flores
- Sleep aboard and travel through the Komodo Dragon Islands
- Visit Komodo Dragons and see how they live in semi-wild conditions

TOUR ESSENTIALS

- **Style:** Culture,treks,wildlife, beach
- **Tour Start** Denpasar
- **Tour End** Denpasar
- **Accommodation:** Hotel, GH, cruise,
- **Included Meals:** 12 B, 11L, 11 D
- **Difficulty Level** Medium

Flores is one of the Lesser Sunda Islands, and found to the east of Bali and south of Sulawesi.. The population was 1,831,000 (2010) and the largest town is Maumere, the second largest being Labuan Bajo. *Flores* is Portuguese (as well as Spanish) for "flowers."

If you are planning to take a holiday in Indonesia or a holiday in Bali, then Flores and the Komodo Dragon islands make a great place to visit because they are just over an hour's flight from Bali and combine exotic views, traditional cultures and the stunning wildlife of the Komodo dragons. Also the komodo dragon islands provide excellent opportunities for diving and snorkelling holidays in Indonesia.



Pioneer Expeditions

4 Minster Chambers • 43 High Street • Wimborne • Dorset • BH21 1HR
t 01202 798922 • e info@pioneerexpeditions.com

Ind06

Itinerary



Day 1: Denpasar-Maumere (B,L,D)

Arrival at Frans Seda Airport Maumere in Eastern Flores from Denpasar, Bali, meeting with our guide and transferring to your hotel. Afternoon can be spent relaxing on the hotel beach with a free program.

Dinner and overnight at hotel.

Day 2 Maumere - Moni (B,L,D)

Starting our discovery of Flores island, we drive first to Dokar, which is a traditional weaving village, located about 40 minutes from our hotel, on the hill from where you can see the beautiful landscape from Maumere bay. Traditional dance and weaving demonstrations will be held in this village. Then we will continue to Paga beach where lunch will be provided. And on the way to Moni we visit Koka beach near Paga.

Dinner and overnight at hotel.

Day 3: Moni-Kelimutu-Ende-Bajawa (B,L,D)

We start our day in the early morning and at 4 am we drive to visit Kelimutu lake, the three colored crater lakes, which are one of the most specular and mysterious sights for those travelling in Indonesia. On the way back to Moni, will make a short trek to see the rice terraces. Breakfast at hotel then we continue the trip to Ende and on the way we visit Saga village, a traditional village of Ende Lio tribes. We have lunch at a restaurant in Ende before driving to Bajawa. Dinner at a restaurant,

Overnight at a homestay in Bajawa.



Day 4: Bajawa and surrounding area (B,L,D)

In the morning we trek for about 1.5 hours to Wawomuda volcano (1753m) which is the latest volcano to emerge in Flores, exploding in 2001. From here we can see spectacular views of the Inerei and Ebulobo volcanoes. In the afternoon we visit Bena and Luba traditional houses and megalithic tombs and have the opportunity to take a hot bath at Soa natural hot spring. Dinner at a restaurant and overnight at a homestay.

Overnight homestay

Day 5: Bajawa-Ruteng (B,L,D)

Leaving our hotel in the morning, we drive down to the south coast of Flores to Aimere, which is famous with its “Arak” distillation and fresh palm juice tapping. We visit, Rana Mese lake, located on the slopes of Ranaka mount. Dinner at local restaurant.

Overnight at hotel



Day 6: Ruteng-Todo-Narang-Dintor-Denge (B,L,D)

After early breakfast, depart for Ruteng to discover the southern part of Manggarai. First we visit Golo Cara village – the best place to see ‘spider web’ rice fields. From there, we drive to Todo traditional village, soft trekking through rice terraces and enjoying the beautiful landscape near Narang Village. Lunch will be provided at a local family’s house in Narang. In the afternoon, drive along the south coast to Dintor and Denge (some stops will be taken en route). We will have dinner and stay overnight at a family’s house in Denge.

Overnight family house

Day 7: Denge-Waarebo village (B,L,D)

After a light breakfast, we will trek to Waarebo Village, which takes around four hours. The authentic Manggarai houses are located about 1100m above sea level in the middle of the mountains. There are seven traditional houses. Built in the same form, six are for the local people and one extra house for visitors. These houses have really high roofs and are five stories high. We will have dinner and stay overnight in the visitors house.



Day 8: Waerebo village-Denge-Dintor-Labuan Bajo (B,L,D)

After breakfast, we will trek down to Denge village where lunch will be provided. After lunch, we drive to Labuan Bajo via Dintor and Nangalili (depending on the road condition; alternatively take the route through Todo Village to Labuanbajo). We will have dinner and stay overnight at a hotel in Labuan Bajo.

Overnight hotel

Day 9: Labuan Bajo - Kelor Island, Kalong Island. (B,L,D)

Morning after breakfast at hotel, transfer to the pier of Labuan Bajo to join our live aboard vessel/large boat for snorkeling around Kelor Island. We enjoy the sunset from Kalong Island and we get to see thousands of bats that come out to the trees to find food at night- an incredible experience. We continue sailing to Rinca Island for overnight stop.

Overnight on board vessel

Day 10: Komodo trekking on Rinca island -Pink Beach and Gili Laba (B,L,D)

After breakfast on board we get off to start trekking and walk through the typical dry forest to explore the island of the Komodo dragons. We will find not just the Dragons but many wild animals such as Timor deer, wild buffalo, long-tailed macaque and wild boars and numerous of birds. We may be lucky and see the young Komodo dragons on the trees. We return to boat and proceed to the Pink Beach island for swimming, snorkeling and relaxing. We then continue to Gili Laba for an easy trek to the top to enjoy a spectacular sunset.

Overnight on board vessel

Day 11: Manta Point - Bidadari island - Labuan Bajo (B/L/D)

We visit Manta Point for swimming and snorkelling to see the manta rays. We then continue to Bidadari Island for swimming and relaxing. Then back to Labuan Bajo for dinner at an interesting restaurant.

Overnight Hotel near Labuan Bajo.

Day 12: Labuan Bajo-Denpasar (B)

Free time until transfer to airport for departure flight to Denpasar.

End of expedition. Accommodation details by request.

**Optional Beach Extension in Bali
Including Accommodation, land transport and guide. Please ask for details.**



Important Information

INCLUDED

- 🌍 All meals as described (B=breakfast, L=lunch, D=dinner)
- 🌍 Accommodation as described
- 🌍 English speaking guide
- 🌍 Domestic flights from Denpasar-Maumere and Labuan Bajo-Denpasar & including domestic airport tax
- 🌍 Boat as per itinerary
- 🌍 All transfers
- 🌍 All National Park entrance fees & donations

NOT INCLUDED

- Meals other than mentioned
- International flights
- Tips
- Personal expenses
- Alcoholic drinks and drinks in restaurants
- Personal expenses

WHAT TO BRING

- 🌍 Sweater/jacket
- 🌍 Sun screen, insect repellent
- 🌍 Trecking shoes or trainers
- 🌍 Hat
- 🌍 Mask and fins for snorkeling (or can be hired locally)
- 🌍 Towel and swimming suite
- 🌍 Camera
- 🌍 Spending money

Additional Information

ACTIVITY DURATION

3-6 hours per day

SEASON

April - October

BEST TIME TO GO

April - October

GROUP SIZE

The price is per person & based on a private trip based on 2 people travelling

EXPEDITION SCHEDULE

This is run as a private trip, so we are able to suit your dates and requirements. We can also tailor the trip to suit.

DIFFICULTY LEVEL

Our grades have been designated based on our perception of the degree of physical activity you are likely to require to enjoy the adventure. These are only a guideline. This itinerary has a 'Medium' level (2 – 5 hours of activities per day). This means that you will need an average level of fitness.





Pioneer Expeditions
4 Minster Chambers • 43 High Street • Wimborne • Dorset • BH21 1HR
t 01202 798922 • e info@pioneerexpeditions.com