



Indonesia – Mt. Rinjani

Climb Mount Rinjani Summit, Lombok

PIONEER EXPEDITIONS



Itinerary

Indonesia • Mt. Rinjani

9 Days • 8 Nights

Denpasar-Senggigi-Sembalun Village-Pelawangan-Segara Anak
Lake-Senaru Village-Gili Island-Bali
Optional: Beach Extension

HIGHLIGHTS

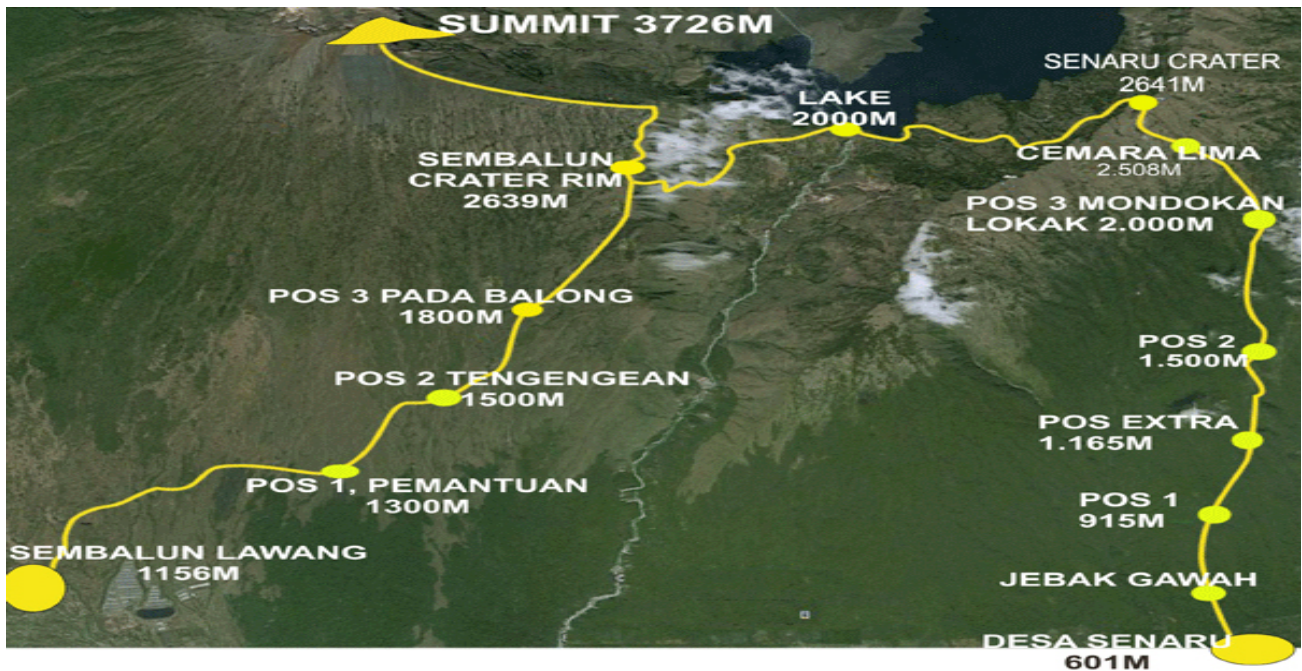
- 🌿 Picturesque scenery as you ascend and descend Mount Rinjani
- 🌿 Relax in natural hotsprings.
- 🌿 Swim and snorkel on the beautiful Gili Island
- 🌿 Discover the northern part of Lombok which includes visiting the waterfall

TOUR ESSENTIALS

Tour Style	Nature Expedition
Tour Start	Denpasar
Tour End	Denpasar
Accommodation	Hotel, Camp, Guest House, Resort
Included Meals	9 Breakfasts, 6 Lunches, 7 Dinners
Difficulty Level	Medium

The small island of Lombok is dominated by the spectacular Mount Rinjani (3726m) Indonesia's second highest volcano. We complete an introductory trek, spending a full day trekking the crater, appreciating the bright emerald green waters of lake Segara Anak. We then travel by boat to the fantastic Gili Islands where we can enjoy snorkelling or just relax on the beautiful beaches. We will complete this exciting journey with a fascinating cultural tour of Lombok which includes traditional weaving in Sukarara, visiting the Pura Kalasa temple in Narmada, Mataram and the beautiful beach at Tanjung.

Itinerary



DAY 1: ARRIVAL AT LOMBOK (D)

Upon arrival at Lombok Airport, you will be met by your representative and transferred to your hotel in Senggigi Beach. Welcome dinner at hotel.

Overnight Hotel.

DAY 2: SENGGIGI BEACH-NORTHERN EXCURSIONS-SEMBALUN VILLAGE (B,L,D)

This tour covers northern Lombok. You will experience amazing natural sites and new culture, observing how people have lived in this region for centuries. Start your tour by going along the coastline to visit and look out at Malimbu and continue to the traditional market at Tanjung, a colorful local market with locals fruits and food. Our next stop will be Sendang Gile waterfall, 600 meters above sea level, on the foot of Rinjani Mountain. The cool and quiet hill is a comfortable resting point. The biggest waterfall in Lombok lies 300 meters below and irrigates the land with it's clear water. Visit Senaru Traditional Village, where mountain tribal life and the civilization of past centuries still exists. Finally, visit Bayan Old Mosque, one of the unmissable historical Islamic heritage sites in Lombok which is believed to have been built upon the Islamic people's arrival in the 16 century.



Overnight at guest house Sembalun Lawang Village.

DAY 3: TREK FROM SEMBALUN LAWANG TO CAMP PELAWANGAN II (B,L,D)

After breakfast, we begin our trek through open grassland to Pos II Tengengean at 1500m. After a one hour ascent, we commence our steep climb to our camp on the crater rim at Plawangan II (2639m). Walking approx 6-8 hours.

Overnight at camp.

DAY 4: SUMMIT MOUNT RINJANI- DESCENT TO SEGARA ANAK LAKE (B,L,D)

After an early morning wakeup call at around 3am, we will begin our hike to the summit of Mount Rinjani (3726m). We leave at this time to make sure we arrive at the top before sunrise, not only to experience this spectacular sight but also to have the best chance of getting clear views. It is a 3 hour steady ascent to the summit. From the summit we will watch the spectacular sunrise with views across to Bali, Mt Agung and Sumbawa, the crater lake below, and the island of Lombok stretching far below. We return to our camp for a late breakfast and continue our descent to Lake Segara Anak within the crater rim below (2000m). Walking 6-7 hours.

Overnight at camp.

DAY 5: REST DAY AT SEGARA ANAK LAKE (B,L,D)

Today has been set aside for a rest day around the Lake. You will have plenty of time to spend the day exploring, relaxing, swimming in the cool waters of the lake or soaking in the hot, natural springs, believed to have healing powers.

Overnight at camp Lake Segara Anak.

DAY 6: TO CRATER RIM AND DESCEND TO SENARU (B,L,D)

After breakfast, we ascend to the crater rim at Plawangan 1 (2461m). This is a great place to enjoy the views of the lake from the other side. We then descend the long trail to Senaru Village (601m). We descend through thick tropical forests rich in flora and bird and butterfly life. On the descent, if lucky, you may spot the rare black monkey, known locally as lutung. We arrive at Senaru Village in the late afternoon and spend overnight at a local guesthouse in Senaru Village. Walking time 8-9 hours.

Overnight at Guesthouse.

DAY 7: TRANSFER TO GILI ISLAND (B)

This morning we drive from Senaru to Bangsal and transfer to Gili Air by boat. There is a short walk to our accommodation, then the afternoon is taken at leisure to soak in the ambiance of this lovely little island. Gili Air is one of the three coral-fringed islands located off the northwest coast of Lombok, and known collectively as the 'Gilis'. They all have superb white sandy beaches, clear water, beautifully coloured fish and accessible snorkeling and diving.

Overnight at Resort

DAY 8: THREE GILIS EXCURSION (B)

Today is taken at leisure on Gili Air Island, the idyllic white sand island that can easily be walked around in just a few short hours. For the active there are optional activities of diving and snorkling or you may just wish to find a cosy hammock, relax and watch local life go by.

Overnight at Resort.

DAY 9: FERRY TO NUSA LEMBONGAN-TRANSFER TO AIPORT FOR INTERNATIONAL DEPARTURE OR TRANSFER TO HOTEL FOR EXTENSION TOUR (B)

Following breakfast, we finish our spectacular trip.

Transfers to Nusa Lembongan Bali by Fast Ferry and your outbound flights will be arranged or you can in fact extend your trip in Bali.

**OPTIONAL BEACH EXTENSION – US\$ 155
INCLUDING (ACCOMODATION, LAND TRANSPORT AND GUIDE)**

DAY 12: BALI FREE & EASY PROGRAM(B)

Breakfast at hotel, before continuing on for your beach extension at Tanah Lot or Kecak Dance in Uluwatu with a lovely sunset view.

Overnight at Kuta sea view Hotel.

DAY 13: RELAXING ON THE BEACH(B,L,D)

Free at leisure on the beach or free program at Kuta Beach Bali.










Overnight in similar Hotel.

DAY 14: INTERNATIONAL DEPARTURE (B)








Breakfast at hotel before transferring to the airport for your flight home.

Important Information

INCLUDED

-  All meals as described (B=breakfast, L=lunch, D=dinner)
-  Accommodation as described
-  English speaking Tour leader and Local guide from 2 – day 6
-  Domestic flight from Denpasar-Lombok and Lombok-Denpasar
-  All transfers
-  Sightseeing and entrance fees as listed in itinerary
-  Full supported camping during climbing (double size tent, sleeping bag, pillow, air bed)
-  unlimited drinking water from safe bottle - snacks and fruits
-  medical kit

NOT INCLUDED

-  Meals other than mentioned
-  Personal equipments
-  International flights
-  Internal flight ticket & airport depature tax
-  Tips
-  Personal expenses
-  Alcoholic drinks and drinks in restaurants

Additional Information

ACTIVITY DURATION	4-6 hours per day
SEASON	April - October
BEST TIME TO GO	April - October
GROUP SIZE	The price is per person & based on a private trip based on 2 people travelling
EXPEDITION SCHEDULE	This is run as a private trip, so we are able to suit your dates and requirements. We can also tailor the trip to suit.
DIFFICULTY LEVEL	Our grades have been designated based on our perception of the degree of physical activity you are likely to require to enjoy the adventure. These are only a guideline. This itinerary has a 'Medium' level (2 – 5 hours of activities per day). This means that you will need an average level of fitness.

Accommodation

Sunset House Lombok:-



Lembah Rinjani Homestay:-



Senaru Cottage:-



Manta Bungalows Gili Trawangan:-



Mount Rinjani Camp site:-

