



Tonga  
Survivor Island

# PIONEER EXPEDITIONS



## Itinerary

## Tonga • Survivor Island

**12 Days • 11 Nights**

Tonga

## HIGHLIGHTS

- 🌍 Explore your mental toughness
- 🌍 Learn the skills to survive on an island
- 🌍 Experience team dynamics in a stressful situation
- 🌍 Be one of the first people to experience this unique journey

## TOUR ESSENTIALS

Tour Style	Extreme Adventure
Tour Start	Tonga
Tour End	Tonga
Accommodation	Shelter, Resort
Included Meals	2 Breakfasts, 2 Lunches, 2 Dinners
Difficulty Level	Difficult

The actual location of the island is secret however we can tell you that it is in the Kingdom of Tonga in the south Pacific.

The trip is a total of 12 days with 8 days on the island. The following is simply as a guide as we would like to make the experience as authentic as possible.

# Overview

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Welcome to Survivor Island, not your typical adventure. The concept of Survivor Island is to journey into your psychology, your mental toughness by abandoning you on a deserted island and requiring you to make do with what that island has to offer. You will go nowhere (so no point A to point B journey) as you will be stuck on the island. There will be no shelter, no water, no equipment to catch anything. For you to acquire these things, you will need to innovate, create and work together as a team.

That's right, there will be another 5 Survivors on the island, all of them in the same situation as you. Which adds another dimension to the adventure. Together, you will have to build shelter, gather water and food and live together on a small isolated island for over a week.

You will be hot and you will be cold. You will be hungry and thirsty. You will be exposed to the elements and to other people. This is a raw experience, one that will strip you of all your creature comforts and force you to step out of your comfort zone.

Survivor Island is not for everyone. It is not for those that want an idealic island paradise getaway (though the island is beautiful). It is not for those that want a holiday. It is for those that want to see how they would react in a disaster situation, those that want to see how far their minds and bodies can be pushed.



# Itinerary

## Tonga • Survival Island



### DAY 1: ARRIVAL TONGA

Arrive in Tonga and transfer to speed boat for an off shore island resort. There you will be briefed on what is about to happen. You will have a chance to relax and eat and acclimatise.

*Overnight Resort*



### DAY 2: TONGA (B,L,D)

Day to explore the region and islands and acclimatise.

*Overnight Resort.*



## DAY 3 – 10 : TONGA – SURVIVAL ISLAND

Survivor Island is a tough exploration of the human spirit. The place you will be stranded on looks idealic, however when you are left there with nothing, the island can soon turn into a prison.

You will need to create shelter, find water, find food and make fire. Sounds simple right?

You will also need to ensure you are not exposed to the elements for too long. The sun can burn and at night the prevailing winds can make the evenings cold and horrible.

However, all is not lost. You will have with you a Survival Expert who can guide you. You also have the chance to find things that wash ashore that may assist you, such as fishing line, plastic bottles or even a discarded flip flop.

This is the physical side of the experience. All this will play on your psychology. Being exposed, hungry and thirsty will change your moods and test your resilience. It will push you to places you have never been before and you will discover another side of you that you may have not been aware of. This can be a positive experience but it can also be a confronting one too. Working with others during this time can be a challenge.

We will endeavor to make the experience as real as possible. We want you to be pushed physically and mentally because this is exactly what someone would experience if they too were stranded on an island.



## DAY 11 : TONGA (B,L,D)

After the experience we will return to the resort to wash and recover before heading home. Thus you will need to bring a change of clothes when you come off the island and clothes for your flight home. Rest and relax at resort.

*Overnight Resort*



## DAY 12: FLIGHT HOME

Transfer to the airport for your flight home.

Expedition Ends.



# Important Information

## INCLUDED

- 🌍 Airport transfers to and from domestic / international terminals
- 🌍 Airport transfers to and from resort
- 🌍 Food and meals for all period at the resort incl 'rest days'
- 🌍 3 nights accommodation on an island resort
- 🌍 Visa (are free for Australia and NZ)
- 🌍 Survival Expert on the island 24x7
- 🌍 24x7 communication with emergency team

## NOT INCLUDED

- International flight to & from destination (TBU)
- Personal expenses
- Beverages
- All creature comforts on Survivor Island



# Additional Information

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ACTIVITY DURATION	The trip is a total of 12 days with 8 days on the island. The following is simply as a guide as we would like to make the experience as authentic as possible.
SEASON	This expedition is open between March, April and November
BEST TIME TO GO	March, April and November.
ACCOMODATION	Resort and shelter.
EXPEDITION SCHEDULE	March, April and November
DIFFICULTY LEVEL	Our grades have been designated based on our perception of the degree of physical activity you are likely to require to enjoy the adventure. These are only a guideline. This itinerary has a 'difficult level'. This means you will need more than a basic level of fitness and some specific training may be required. To participate in this experience you will need to get the all clear from your Doctor. A general physical is what is required. We need to know of any medical conditions well in advance of the experience. While having a heart condition for example wouldn't rule you out, if you are on medication for this then you would not be able to participate. The same applies for diabetics who need insuline etc. We cannot allow those that need ongoing medication on this experience as there is nowhere to store it on the island.

