



Thailand
Family Adventure

PIONEER EXPEDITIONS



DO SOMETHING EXTRAORDINARY...

ITINERARY

Thailand • Family Adventure

14 DAYS • 13 NIGHTS

Bangkok – Kanchanaburi – River Kai – Surat Thani – Khao Sok –
Bann Talae Nok – Ao Nang – Krabi Aonang- Ao Talan- Ao Nang-
Krabi

HIGHLIGHTS

- Traditional Thai street food tour and cycling tour
- Discover the fantastic Erawan National park – walking, swimming and spotting wildlife.
- Camping in the jungle and learning key survival skills from those who know best.
- Stay in a home with a host family and experience traditional Thai way of life.

TOUR ESSENTIALS

Tour Style	Family Adventure
Tour Start	Bangkok
Tour End	Bangkok
Accommodation	Hotel, Camp, Homestay Treehouse, Train
Included Meals	14 Breakfasts, 7 Lunches, 6 Dinners
Difficulty Level	Medium



THAILAND FAMILY ADVENTURE

A perfect family adventure in Thailand including Jungle camping and staying in a homestay with a thai family. This trip has so much to offer. Visit national parks and explore the surrounding area by kayak. There are plenty of opportunities to relax and take in the sights as well as being active. The wildlife is simply spectacular.



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THAILAND *an overview*

A perfect family adventure in Thailand combining cultural discoveries, natural landmarks and adventurous activities. As with all our family trips, these are run as private tailor-made trips so can be tailored to suit your wishes, budgets and duration of holiday. This magnificent adventure begins with you discovering the real Thai street cuisine and joining a cycle tour to see some unforgettable sights. Hop on a long tail boat and see some fantastic wildlife whilst you're there. Enjoy the beauty of Erawan waterfalls, and if your children are old enough kayak down the River Kwai, before experiencing sleeping in your own tree house. Finally enjoy jungle survival camping, as well as learn the art of Thai fishing as you immerse yourself in a fishing community for a couple of days.

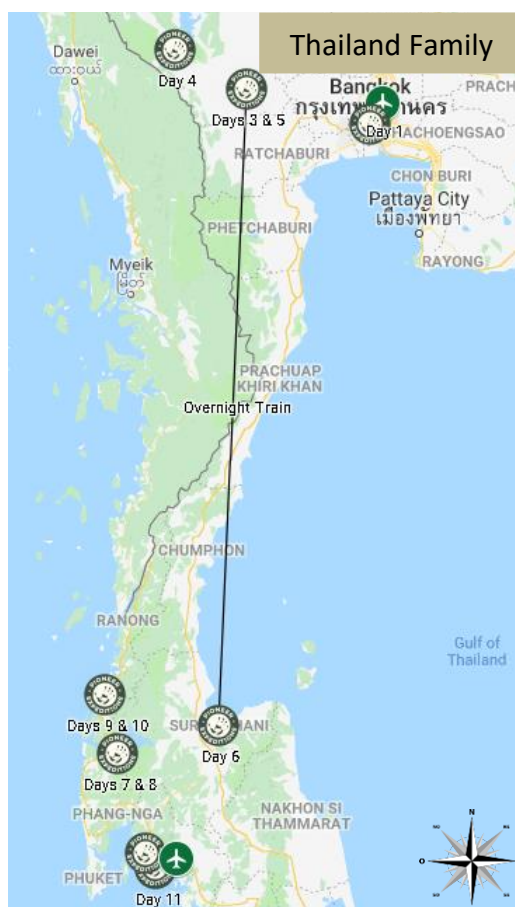
If you desire to extend your stay and relax, we would gladly organise some beach days for you. Of course, this holiday can be completely personalised according to your interests and budget. A great off the beaten track experience in this stunning country.

WHY PIONEER EXPEDITIONS?

We really are one of the few specialists that really "do" off the beaten track and unique adventures in TANZANIA. We are driven by a passion for adventure travel and wildlife. We know it inside-out, and continuously collaborate with our local partners and tour guides to ensure that you have the best experiences on your dream Tanzania adventure – this focus is reflected in our uniquely wonderful itineraries. Our experts are on hand whether you are looking for a small group trip or a bespoke holiday.

Even better, our small group tours have a maximum of 8 people, making it a much more personal experience. Furthermore, we don't expect you to pay a single supplement, perfect for solo travellers! (*nb. no ss charged as long as you are happy to share a room)

Pioneer work in some of the world's most spectacular, remote and extraordinary places worldwide.



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ITINERARY

DAY 1: ARRIVAL BANGKOK

Welcome in Bangkok! On arrival we have our guide waiting for you to help with your luggage and transfer to the hotel where you can relax the rest of the day.

Optional Tour: Local Life- Bangkok Street eats by Tuk Tuk evening group tour



Embark from the BTS National Stadium Station on an exciting tuk tuk ride through Bangkok's vibrant streets. Stroll along Phetchaburi Soi 5, where food carts spring up as the day turns night, and sample delicious street food such as coconut pudding and Thai style grilled meat.

From here we will continue by tuk tuk to catch a glimpse of two beautiful Bangkokian landmarks wonderfully lit at night, the Marble Temple and Anantasamakom Throne Hall. Head to Phra Arthit Road to encounter Bangkok's Roti expert and sample incredible Thai-Indian cuisine, from freshly-baked Roti to uniquely flavourful curries. Indulge your taste buds at Bangkok's most famous Pad

Thai restaurant in Thailand. Enjoy the explosion of spicy and savoury flavours and the amazing variety of textures from the delicate noodles to the crunchy peanuts. Later, stroll through Pak Klong Talat, Thailand's largest flower market, which only operates overnight. Take a short break from eating to visit the majestic Wat Pho after dark, where you can enjoy the temple's sparkling gold towers beautifully lit up and marvel at the sight of the magnificent Reclining Buddha. Sip on a refreshing cocktail at a rooftop bar as you take in the splendid views of the Chao Phraya River and the twinkling buildings along the riverbanks. End the night on a sweet note with seasonal dessert before the tuk tuk takes you back to your hotel.



Overnight:
Hotel



Meals:
Nil



Distance:
Airport Transfer 45 mins



Activities:
Food tour

Overnight Hotel – Trinity Silom Hotel

DAY 2: BANGKOK

We begin by experiencing how the average Bangkokian eats and travels – we take the BTS sky train system to explore Bangkok's endless maze of backstreets and alleyways than on foot. Take to the streets on this Chinatown guided walking tour and discover daily Thai life away from the tourist trail. Start in the bustling Yaowarat district, Bangkok's Chinatown. Discover shops and stalls selling a curious array of items, such as birds' nests. Take a break at an old tea shop to enjoy people watching while sipping a cup of Chinese tea. From here, delve deeper into the smaller backstreets, or 'sois', of Chinatown. Visit Talad Kao, a market packed with fresh food, tropical fruit and Chinese herbs. Rub shoulders with the locals while perusing the various items on sale. The last stop of the walk is Wat Leng Nei Yi, a Chinese Taoist temple, and learn about this traditional belief system. Enjoy lunch at local restaurant before being picked up for an exciting cycle ride through 'the green lungs of Bangkok'. Take a short boat trip across the Chao Phraya River to Bang Kra Jao, an area nicknamed the 'Bangkok Jungle'. Although located not far from the city's bustling business district, sleepy Bang Kra Jao feels worlds away and is the perfect place for a bike ride. Set off on two-wheels and ride through the network of peaceful roads that criss-cross Bang Kra Jao. Tropical plants and lush trees surround the roads, creating an urban jungle in the city centre. Cross over canals and admire the mangrove forests that line the waterways. See traditional Thai houses and golden temples rarely visited by tourists. Stop to chit chat with friendly



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locals and to visit markets selling an array of fresh produce. During the two-hour ride, refuel with snacks at one of the many street stalls. Enjoy the delicious Thai dishes while learning about local life in this traditional community. If it is Saturday or Sunday, a stop will be made at Bang Nam Phueng, a large weekend market that is popular with the local residents. After catching a breath of fresh air in the Bangkok Jungle, return to the city centre and onwards to the hotel.



Overnight:
Hotel



Meals:
B, L



Distance:
Varies



Activities:
Cycle tour

Overnight Hotel – Trinity Silom Hotel

DAY 3: KANCHANABURI – THAI BURMA MURMA MUSEUM – ERAWAN WATERFALLS

We transfer to Kanchanaburi and on arrival we'll visit the Thai Burma museum. Upon arrival we will visit the Thai Burma museum. The Thailand-Burma Railway Centre is an interactive museum and has even been popularized in films! After this, we will visit the Kanchanaburi Allied War Cemetery.

We then transfer to the famous bridge over the River Kwai and after this, depart for the Erawan Waterfalls, Erawan National Park – here you can swim and there is opportunity to do a lot of walking. Erawan Falls are contenders for the most beautiful waterfalls in Thailand.



Overnight:
Raft room



Meals:
B, L, D



Distance:
Approx. 2hr drive



Activities:
Exploring

Overnight – River Kwai Jungle Rafts/Floating raft

DAY 4: FREE DAY FOR OPTIONAL ACTIVITIES

Free day to relax and enjoy the beautiful riverside location of your hotel or take part in one of the many activities on offer. The 'river jump', exploring Mon village, fishing are recommended. Dinner include the Mon dance (45 minutes) **(No activities included in leisure day).**



Overnight:
Raft room



Meals:
B,L, D



Distance:
N/A



Activities:
Leisure

Overnight – River Kwai Jungle Rafts/Floating raft

DAY 5: RIVER CANOE TRIP – RIDE DEATH RAILWAY – OVERNIGHT TRAIN TO SURAT THANI

This morning we canoe downstream on the River Kwai Noi – you can also canoe upstream if you would like a challenge! After the canoe trip, we will depart from the jungle rafts and take a 30 minute long tail boat ride to Resotel pier.

Transfer to Namtok station – Board the Death railway train to travel through the charming river scenery and jungles, over the iconic Tham Krasae wooden viaduct bridge. At the end of the day you will board the overnight train to Surat Thani.



Overnight:
Train



Meals:
B



Distance:
Overnight train



Activities:
Canoeing

Overnight – train/second class sleeper (AC)



DAY 6: SURAT THANI – KHAO SOK NATIONAL PARK



This morning you will have breakfast by train catering on your own preference. Once arrived, meet with your local guide and transfer to Khao Sok. Khao Sok is known to be Thailand's most beautiful National Park – we can trek, canoe and enjoy a night safari here. Your accommodation is situated on 25 acres of privately owned rainforest. Several species of monkey and other fascinating wildlife are frequent visitors here. You will have fantastic views from your private tree house. This morning we will take a half day canoe trip that will take you past cliffs and brightly coloured fish. You will be able to stop and

swim in the cool waters. The canoe trip normally takes 1.5/2 hours depending on river current. Enjoy an afternoon at leisure.



Overnight:
Jungle House



Meals:
N/A



Distance:
Approx. 1.5hr drive



Activities:
Canoeing

Overnight – Rock and Treehouse Resort

DAY 7: JUNGLE SURVIVAL CAMPING

Spend 1 night on a jungle survival experience deep in the Khao Sok National Park. Experienced guides will accompany you. You will be taught how to build a shelter and be told about stories of growing up in the jungle.

Jungle survival requires good physical fitness, experience with camping and a willingness to 'rough it'.



Overnight:
Camping



Meals:
B, L, D



Distance:
No driving



Activities:
Survival Skills

Overnight – Camping in Jungle

DAY 8: JUNGLE SURVIVAL CAMPING



Waking up to the sounds of Gibbons calls, we enjoy a jungle breakfast and then begin the days adventures by trekking alongside rivers and swimming under waterfalls. (This activity is on join basis)

In the afternoon, reach the finish point and transfer by car park back to your accommodation for a well-deserved shower. (Afternoon will be at leisure)



Overnight:
Jungle House



Meals:
B, L



Distance:
Short drive



Activities:
Trekking

Overnight – Rock and Treehouse Resort

DAY 9: BAN TALAE NOK

Transfer to Ban Talae Nok village to meet your host family and to be welcomed into their way of life. Tour the community with your guide to learn about the history and lives of these villagers. See first-hand an area of the village destroyed by the 2004 tsunami.



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Enjoy authentic southern Thai food with your homestay family and participate in handcraft workshops. You will learn batik (hand-dyeing fabrics) and in the late afternoon you will go fishing on the beach with local fishermen and help the locals catch their dinner. Enjoy a barbecue dinner on the beach, feasting on freshly caught seafood, garden fresh vegetables and Thai curries.



Overnight:
Homestay



Meals:
B, L, D



Distance:
Approx. 2hr drive



Activities:
Culture

Overnight – Ban Talae Nok/Homestay

DAY 10: BANN TALAE NOK – GAM ISLANDS



Breakfast at your homestay house, followed by exploration of the mangrove forest in a long tail boat. You will be able to spot birds, lizards and monkeys. Explore the surrounding nature of the Gam islands – swim and snorkel in the clear blue waters. You will be able to enjoy a picnic lunch with your hosts too before relaxing and soon after, departing the island for a boat ride back to the village.

Return to your homestay to make a Thai dessert from local ingredients – then learn to weave leaves of the nypa palm with the villagers. As well as this you will help make traditional roofing from a local mangrove plant – after your activities, learn to cook local Thai food with your host family or spend time before dinner relaxing on the beach.



Overnight:
Homestay



Meals:
B, L, D



Distance:
Varies



Activities:
Exploring

Overnight – Bann Talae Nok/Homestay

DAY 11: KRABI AO NANG

Enjoy a last breakfast with your homestay family, then an early morning departure to Ao Nang (4 hours)

Upon arrival in Ao Nang in the afternoon, you are free to spend the rest of day at leisure.



Overnight:
Hotel



Meals:
B, L, D



Distance:
Approx. 4hr drive



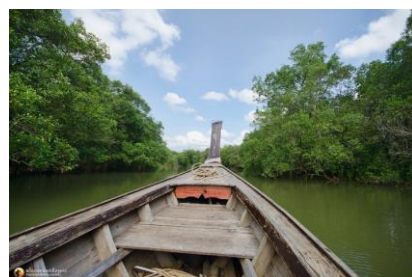
Activities:
Travel and leisure

Overnight – Ao Nang/Krabi la Playa Resort

DAY 12: KRABI

This morning will be free at leisure. The tour will begin around 15.30, being pick-up in air-conditioned transport and drive along the Krabi - Alley – Promenade here embark on the Longtail-Boat and drive pass by Kao Kanab Nam - Symbol Mountain of Krabi, In the second World-War is believed in this mountain the Japanese Soldier hid all their weapons.

Seeing its magnificent Mangrove forest - river, fish farm and traditional antique houses. Then step up to explore the local way-life of the Middle Island or Koh Klang, here time seems stand still, easy living as original and the typical way life of people who leave here on the island such as the man who build the mini Longtail boat, rice field with water buffaloes, birds and so all. After that we go back to town and visit the original Night Market with lots color of Thai-Food, Fruits and Deserts, get in touch with the local life of Krabi-Town. Time for your little



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shopping along the downtown. Dinner will serve at the best Thai Restaurant of Krabi "Ruen Mai Thai Resturant" then return to hotel in Krabi town for goodnight sleep around 20.00.



Overnight:
**Community
resort**



Meals:
B, L, D



Distance:
Varies



Activities:
Exploring

Overnight – Ao Nang/ Krabi La Playa Resort

DAY 13: LAEMKRUAD PIER - AO THALENE KAYAK

This morning around 09.30, you will transfer to Thalene in the afternoon for a half day kayak tour. Ao Thalane is a beautiful place to kayak – Kingfishers, herons and crabs will also keep you company and sometimes even hitch a ride on your kayak! This is notably a good opportunity to take photos. After tour, return to the hotel and the rest of the day is at leisure. (This activity is on join basis)



Overnight:
Hotel



Meals:
B



Distance:
Less than 1hr drive



Activities:
Kayaking

Overnight – Ao Nang/Krabi La Playa Resort

DAY 14: KRABI

Today is free for relaxation or you can join an optional tour if you have the energy! Options include rock climbing, mountain biking, trips to hot springs/emerald pool/tiger temple, snorkelling, kayaking to Koh Hong or a full day tour to Phi Phi islands.



Overnight:
Hotel



Meals:
B



Distance:
Approx. 1hr drive



Activities:
Leisure

Overnight – AoNang/Krabi La Playa Resort

DAY 15: KRABI DEPARTURE

At the appropriate time, transfer to Krabi airport.



Overnight:
N/A



Meals:
B



Distance:
Approx. 1hr drive



Activities:
Departing



WHAT OUR CLIENTS HAVE SAID

'We're back from our Thailand trip and just want to say a very big thank you. We had an absolutely fantastic holiday; it was superbly organized, stress free and great fun. The best holiday we've ever had and exactly what we were looking for, we will definitely recommend you and use you again'

-Berendsen Family

IMPORTANT INFORMATION

INCLUDED

- All meals as described (B=breakfast, L=lunch, D=dinner)
- Accommodation as mentioned
- Excursions as per program including entrance fees
- English speaking guide (Day 6-14 as group join-in guide)
- Tours and transfers mentioned
- Service charge and current government VAT tax

NOT INCLUDED

- Meals and services other than mentioned
- All beverages
- International Flights
- Personal expenses and personal medical and travel insurance.
- VISA
- Tips/ gratuities
- Travel Insurance

ADDITIONAL INFORMATION

ACTIVITY DURATION	2-5 hours
SEASON	November-March, July-September
BEST TIME TO GO	November through May if you want to avoid the rain.
GROUP SIZE	2-6 pax
EXPEDITION SCHEDULE	Tailormade departures to suit you from November through March and from July through September
DIFFICULTY LEVEL	Our grades have been designated based on our perception of the degree of physical activity you are likely to require to enjoy the adventure. These are only a guideline. This itinerary has a 'Medium' level (2-5 hours per day). This means that you will need to be of an average level of fitness.

