



GLAMPING TREK – IN THE SHADOW OF VOLCANOES

Day 1. Welcome to Guatemala & transfer to Antigua

Day 2. Morning at leisure & transfer to San Andres Itzapa, hike to Terra camp

Day 3. Hike to Fuego camp

Day 4. Hike to Agua camp and visit women's weaving cooperative

Day 5. Hike to San Antonio Palopo, Lake Atitlan and coffee tour

Day 6. San Juan & Santiago village tour

Day 7. Chichicastenango market tour & transfer to Guatemala City

Day 8. Departure day





GLAMPING TREK – IN THE SHADOW OF VOLCANOES

Day 1. Welcome to Guatemala & transfer to Antigua

The former capital of colonial Spain, Antigua is one of best preserved colonial cities in the Americas. It is a magic and captivating small town that makes you feel time might have stopped 300 years ago. From its colonial architecture to its beautiful surroundings, strolling through town on the cobblestone streets, you will experience the splendors of ancient times! In addition to colonial era churches, convents and monasteries, you will find many art galleries and exhibits, coffee shops, world-class restaurants, cozy bars and much more.

In brief

- Meet & greet at the airport in Guatemala City
- Transfer to Antigua (45 minutes - 1hr)
- Overnight at hotel in Antigua

After passing through customs and collection your baggage, a Maya Trails representative will meet you at the airport for your transfer to Antigua. The rest of the day is at your leisure to explore this beautiful and charming town. (-,-,-)

Day 2. Morning at leisure & transfer to San Andres Itzapa

Your trek to Lake Atitlan starts in the small town of Andres Itzapa, famous as one of the home of one of the shrines to, the Maya deity "San Simon or Maximon". Every day, the mysterious San Simon is visited by locals and travelers to ask for favors like good health, success in business and finding love.

In brief

- Breakfast at hotel in Antigua
- Morning at leisure in Antigua
- Transfer by vehicle to San Andres Itzapa (30 min)
- San Simon visit
- Trek to Terra camp
- Box lunch on the trail
- Dinner at Terra camp
- Overnight at Terra camp

Hiking distance: 2.6 miles

Elevation gain/maximum altitude: 8,387 ft

Difficulty/Type of terrain: Moderate/Small farms and fields, grasslands and cloud forest



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After the visit, a short drive will take you to the trailhead where you will begin to "warm up" with a half day trek to Terra camp.

You will ascend out of vegetable and fruit plantations into lush Guatemalan cloud forest, topping out at nearly 8,4000 ft. Acatenango Volcano, the highest in the Antigua Valley, looms overhead as you begin to descend through thick forest until we reach a beautiful, grassy saddle between two mountain peaks. Awaiting us there is Terra Camp with a warm fire, delicious dinner and a cozy bed. **(B,L,D)**

Day 3. Hike to Fuego camp

Another day of trekking in the beautiful Guatemalan highlands finishing in the shadow of Fuego Volcano, one of the world's most active volcanoes that's been erupting regularly since the Spanish conquest. With any luck, it will light up the night sky with plumes of molten lava!

In brief

- Breakfast at Terra camp
- Trek to Fuego Camp
- Box lunch on the trail
- Dinner at Fuego camp
- Overnight at Fuego camp

Hiking distance: 8.8 miles

Maximum altitude: 8,671 ft

Difficulty/Type of terrain: Challenging/Pine forests, small farms and coffee plantations





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Rising before the sunrise today is well worth it as you will be greeted by glowing green mountain peaks and rich Guatemalan coffee served at your tent! After breakfast, the first few hours of trekking takes you up nearly 1000 ft / 300 m as you climb into a protected area before beginning a long descent through forest and agricultural fields into the La Vega River valley, more than 3000 ft / 915 m below.

Following lunch, you will cross a hanging foot bridge over the river before a challenging yet spectacular afternoon 2000 ft / 600 m climb up through pine forest and local coffee farms to arrive at Fuego Camp by late-afternoon. Upon arrival, the camp staff will meet you with warm towels to clean up and a welcome drink. Relax

around the campfire, and take in the panoramic view that includes a front row seat to the fireworks from Fuego Volcano.

A local women's group will show you how to make traditional Guatemala blue corn tortillas by hand before dinner. **(B,L,D)**

Day 4. Hike to Agua camp & Mayan villages

Today you'll reach the highest point on the trek with stunning views of Guatemala's volcanoes. You'll also meet local farmers tending their fields and visit a women's weaving cooperative.

In brief

- Breakfast at Fuego Camp
- Trek to Agua Camp
- Box lunch on the trail
- Visit women's weaving cooperative
- Dinner at Agua camp
- Overnight at Agua camp

Hiking distance: 8.46 miles

Maximum altitude: 9,040 ft

Difficulty/Type of terrain: Challenging/Rocky ridgeline, small farms





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After breakfast, trek to the highest point on our journey, just over 9,040 ft / 2,755 m. You will follow a pristine ridgeline with panoramic views of six volcanoes and cloud forest that reveals unique plants and birds.

Along the way, you will have the opportunity to talk with local farmers tending their terraced fields and learn about traditional agricultural practices. A long, gradual descent leads you to the trail lunch location (and short siesta) before you finish the day by walking into Agua Camp, named in honor of Lake Atitlán, which can be seen shimmering in the distance below camp

After relaxing in camp for a while, we venture into the local Mayan community of Chuinimachica to visit a women's cooperative that specializes in traditional weaving. Backstrap weaving is an ancient art practiced for centuries in Guatemala and still used to weave fabric for clothing and other household textiles. Mayan women learn from generations to generations how to dye threads using natural products. **(B,L,D)**

Day 5. Hike to San Antonio Palopo on Lake Atitlan

This is the final day of the trek where you reach Lake Atitlan, the “most beautiful lake in the world.” You’ll also enjoy a coffee tour prior to descending the hills down to the lake.

In brief

- Breakfast at Agua camp
- Trek to Lake Atitlan
- Box lunch on the trail
- Coffee tour
- Road transfer to Panajachel
- Boat transfer from Panajachel to hotel (as needed)
- Overnight at hotel in Lake Atitlan

Hiking distance: 7.17 miles

Maximum altitude: 8,192 ft

Difficulty/Type of terrain: Moderate/small farms, coffee plantations, villages





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The final day of the trek begins with a 2,500 ft / 760 m descent into the La Madre Vieja River valley that weaves through a patchwork of traditional agricultural fields and small villages. Once in the valley, you will visit a picturesque coffee farm to learn about the planting, harvesting and processing of small-batch specialty coffee (and of course, sample some as well).

Following the coffee tour, you will cross the river on another hanging footbridge before a short ascent that takes us up to the rim of Lake Atitlán and expansive views of the water below and three massive volcanoes that surround it.

From there, a final descent through terraced fields of flowers and vegetables takes you to the lakeside village of San Antonio Palopó to conclude the trek. After a short rest, you will be transferred to Panajachel's main dock for boat transfer to your hotel. **(B,L,-)**

Day 6. San Juan & Santiago village tour

Along the shores of Lake Atitlán there are twelve indigenous villages, each named after one of the twelve apostles. Today you'll visit two of the villages, each very unique and different.

San Juan la Laguna, famous for its naïf-style art galleries, colorful town murals and woman's weaving cooperatives which utilize natural dyes in their Mayan textiles. The village is very well cared for and an excellent example of how sustainable community tourism which benefits the community can be successful.

Santiago (St. James), is the largest village on the lake and most famous as the home of Maximón, a pagan saint who drinks moonshine and smoke cigars (Maximón is another name for San Simón, who you visited at the beginning of the trip in San Andrés Itzapa. There are many shrines to Maximón/San Simón but the most famous are in San Andrés Itzapa, Santiago and Zunil). Maximón is visited every day by locals, healers and tourists asking for favors.

In brief

- Breakfast at hotel
- Boat transfer to San Juan Village
- San Juan village tour
- Boat transfer to Santiago Village
- Lunch
- Santiago village tour
- Boat transfer back to hotel
- Overnight at hotel in Lake Atitlán



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After breakfast, your local guide will meet you at the lobby of your hotel for boat transfer to San Juan village. You will visit this amazing town and learn about ancient Mayan weaving textiles. After exploring San Juan, you will be transferred to Santiago by boat. Enjoy lunch followed by a tour of the town including visiting Maximon, the simple local church, the market and simply soaking in the atmosphere of this lively lakeside town.

After the tour, transfer back to hotel by boat. **(B,L,-)**

Day 7. Chichicastenango market tour & transfer to Guatemala city

Chichicastenango its home to what is surely the most colorful native market in the Americas. Market days are held every Sunday and Thursday, and draw not only the K'iche' Maya of the surrounding region, but vendors from all over Guatemala, representing many of Guatemala's linguistic groups such as Mam, Ixil, Kaqchikel and others. Each hawks his or her products in a riotous cacophony of color, dialects and costumes, smoke, and smells.

In brief

- Breakfast at hotel
- Transfer to Chichicastenango
- Market visit
- Lunch at local venue
- Transfer to Guatemala city
- Overnight at hotel in Guatemala City

After breakfast your guide will meet you at the lobby of the hotel for your transfer to Chichicastenango. On arrival your guide will take you to the Santo Tomas church which is an important and iconic monument for the indigenous and Mayan history itself. If you're lucky you will also witness special ceremonies and mix of religions. Lunch is included at a local venue. After lunch, transfer to Guatemala City for hotel accommodations. **(B,L,-)**

Day 8. Departure day

Breakfast at hotel. When you are ready, transfer to Guatemala City International airport. Depending on your departing flight, tours of Guatemala City's attractions can be arranged – Ixchel Mayan Textile Museum, the Historic District and Avenda Sexta (6th ave pedestrian street), Popol Vuh Museum and more. **(B,-,-)**

END OF SERVICES



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Included	Not included
<ul style="list-style-type: none">• Hotel accommodations as described• Hotel tax• Spacious 10 ft x 14 ft waterproof canvas tents with queen mattresses & goose down comforters• “Trek truck” that features a hot water shower, toilet, and sink• All guided tours• Local guides• Entrance fee:<ul style="list-style-type: none">○ Trek○ Village tour○ Chichicastenango market• Meals as described<ul style="list-style-type: none">○ Daily breakfast○ 06 Lunch: with 1 soft drink per person○ 03 Dinner: with 1 soft drink per person	<ul style="list-style-type: none">• Gratuities for guides and drivers• Gratuities for porters and housekeeping• Personal travel insurance• Personal expenses• Activities not mentioned in itinerary• Meals not mentioned in itinerary• Alcoholic beverages



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